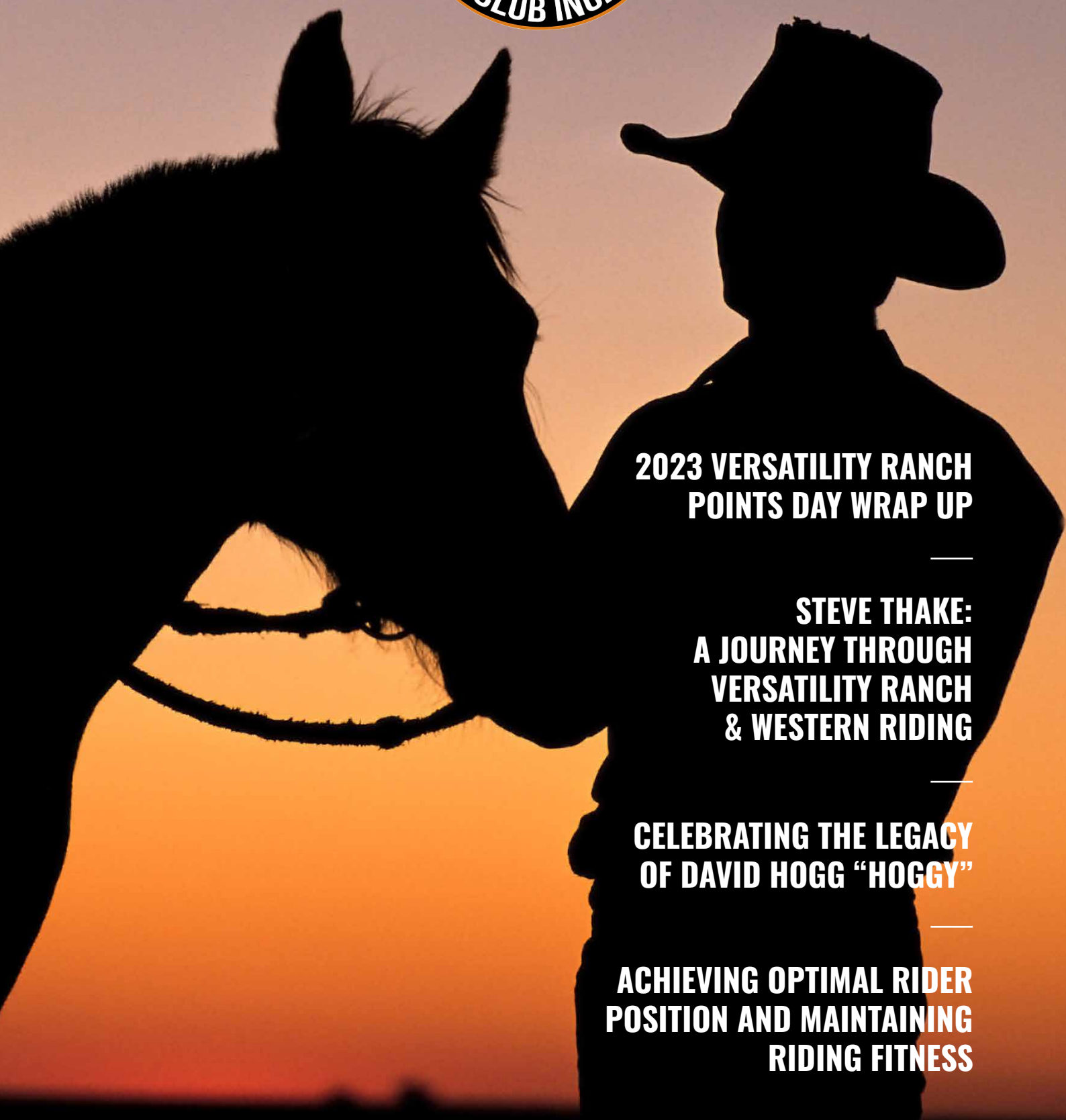


NEWS + EVENTS



OCT 23 | #04

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**2023 VERSATILITY RANCH
POINTS DAY WRAP UP**

**STEVE THAKE:
A JOURNEY THROUGH
VERSATILITY RANCH
& WESTERN RIDING**

**CELEBRATING THE LEGACY
OF DAVID HOGG "HOGGY"**

**ACHIEVING OPTIMAL RIDER
POSITION AND MAINTAINING
RIDING FITNESS**

Committee Meeting
1 November

Presentation Dinner
25 December

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The Beaudesert Cutting and Western Performance Club

Club Email cuttingandwesternperformance@gmail.com

Treasurer Email bcwpc1@gmail.com

Location 22 Josephville Road, Josephville QLD 4285

Website www.bcwpc.com.au

PIC # QISE0704

CUTTING POINTS DAY RESULTS SEPTEMBER 2023



OPEN

Syd Thew - 71.5 pts
Darlea Son of Cat



ROOKIES

Brad Jarrett - 72 pts
Sunday Drive



NOVICE

Colin Clancy - 73 pts
This Chics Purrfect



BEGINNER HORSE

Steve Booth - 71 pts
Chissy



SNaffle BIT

Lucy Quade - 72.5 pts
Playboy Prince



BEGINNER RIDER

Jodi Jakubanko - 72 pts
Panther



YOUTH 15 -18 YEARS

Lachlan Hintz - 64 pts
Welshs Mello Acres



YOUTH 14 YEARS & UNDER

Madelon Weier - 68 pts
Driving Miss Smarty

RANCH SHOW RESULTS SEPTEMBER 2023



LEADLINE

Tate Barnes
Roc N Hydrive



BEGINNER YOUTH

Perl Owens
Circle K Dells Lover



IMPROVER YOUTH

Bride Smith
Salhaven Top Cat



WALK JOG

Tracy Deren
Slolopn Around Jack Daniels



BEGINNER

Lindy Owens
Circle K Dells Lover



IMPROVER

John Adams
Docs Catolena



OPEN SNAFFLE BIT

Ken Northcott
Badgers Oak



OPEN BRIDLED

Simone Wood
Bobs Dandy Rio



HIGH POINT YOUTH

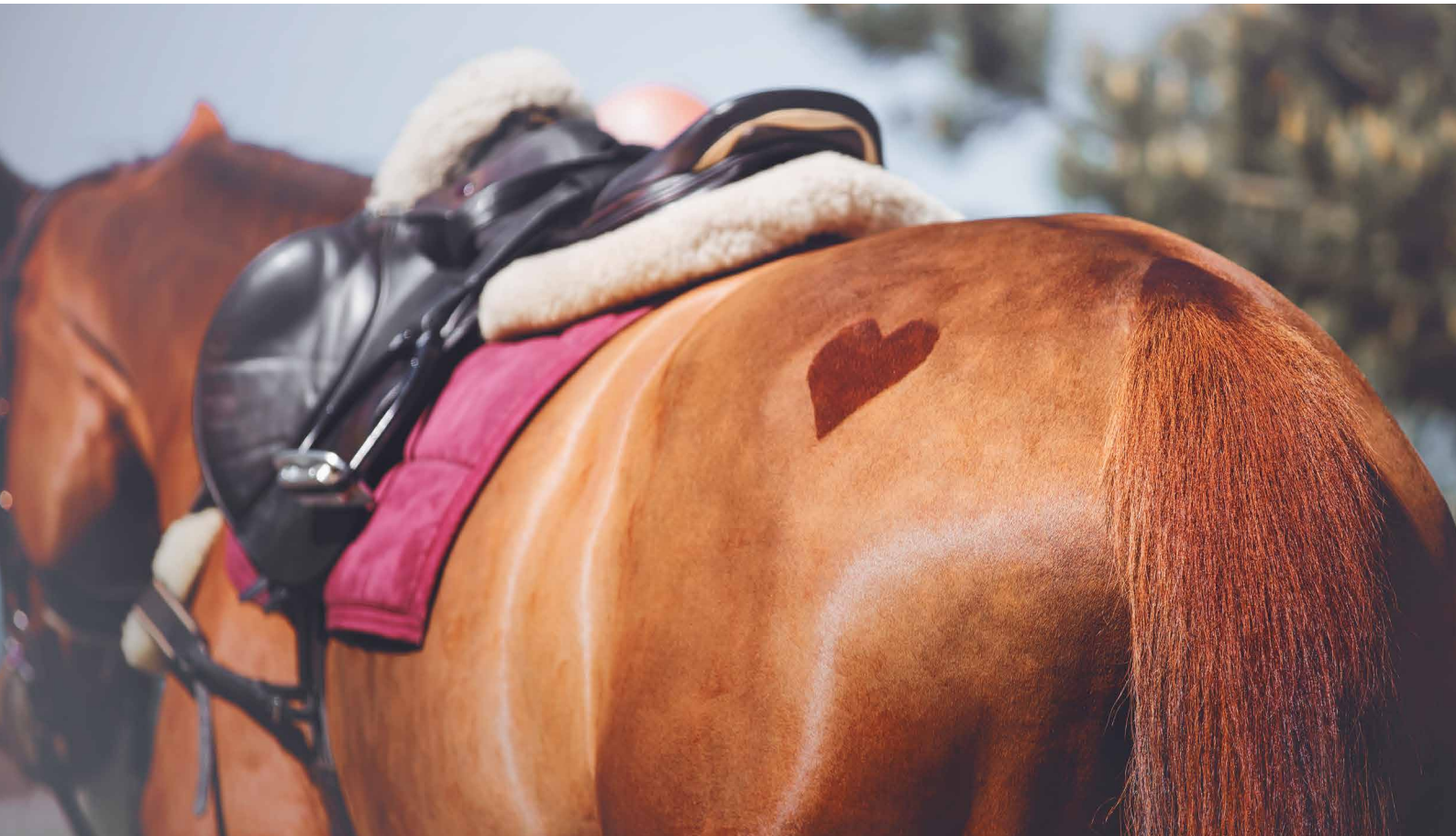
Brydie Smith
Salhaven Top Cat



HIGH POINT OVERALL

John Adams
Docs Catolena

SUPPORT OUR CLUB



As we approach the final club weekend of the year, we eagerly anticipate the celebration of our combined Cutting and Ranch Annual Pink Day. This day holds special significance, as it serves not only as an opportunity to raise funds for breast cancer awareness but also as a means to support those within our BCWPC family who have been affected by this unfortunate disease.

We sincerely hope to witness the presence of as many of our club members as possible at this meaningful event. Let's all come together and demonstrate our commitment by embracing the color pink.

Of course, none of this would be possible without the unwavering support of our dedicated committee, our valued members, and our generous sponsors.

This year, we are poised to achieve great financial success for the club, while also focusing on important club improvements, such as enhanced facilities and the launch of a new website for the upcoming season.

Additionally, we are excited to introduce newsletters that will provide our members with enjoyable content while fostering a comfortable learning environment, enabling them to refine their skills and gain confidence to compete beyond the club.

I eagerly anticipate the sight of our club turning pink on the 15th of October. Let's make it a memorable and impactful day.

Warm regards,

Troy Welsh
Club President



2023 VERSATILITY RANCH POINTS DAY WRAP UP

By Matt Tomlinson

Perfect weather was had on the weekend of September 9th & 10th with the 2nd Annual Versatility Ranch Points Day held at the Josephville club grounds. 53 horse and rider combinations entered across 7 divisions to contest in Ranch Riding, Pleasure, Trail, Reining, Conformation, Boxing and Advanced Boxing. The competitors rode hard and the improvement over the last 12 months was on show with many class winners coming down to half a point margins.

Saturday saw both arenas in use, with the top arena hosting Ranch Pleasure, Riding, Conformation, and Reining, while the cutting pen was transformed into a trail course.

The campfire was crackling Saturday evening as competitors and guests enjoyed succulent meals from Kick'n Chicken Wings and serenaded by rising local singer-songwriter Stelle.

Cattle events were the order of the day for Sunday, and while the Saddlery Sale brought in new spectators on the outside, the inside of Sue West Arena heated up as competitors and their horses went head to head in the Ranch Boxing against the cattle supplied courtesy of the Hardgrave family of Tinhorse Pty Ltd.

A new addition to competition this year was the inclusion of the pattern aspect into the Advanced Boxing, with the modified reining pattern being run by competitors immediately before a single beast was brought into the arena for working. This made the class that much more interesting and complex, with competitors having to work their dry pattern, then switch straight on to the cattle, where they would box the cow across the arena to show control, rate the cow down the fence and re box it at the other end. This event is a great warm up class into Reined Cowhorse, with hopes to add this exciting class to future programs at the grounds.

Judges Shane Massingham and Kim Thake both travelled in to keep the competition well supervised all weekend, and many riders appreciated their knowledge and expertise in assisting with questions, and learning from their comments post show.

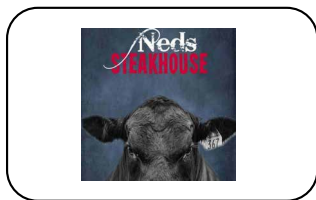
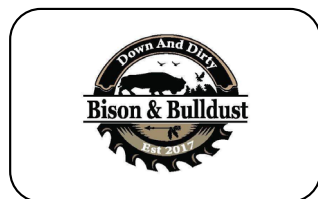


Beaudesert Isuzu Ute was a major sponsor and supporter of the event and brought in two Dmax Utes to display and their team kept competitors and spectators alike well fed with their BBQ lunch on both days, as well as supplying merchandise to add into the prize pool. Teece Stockfeeds returned as a major sponsor and kindly donated feedbags to the class winners, while Gleneagle Produce donated a generous prize pack for the Hi Point Youth rider. Bison and Bulldust had a busy weekend sponsoring events and supporting the

saddlery sale with a stall with their outstanding apparel range. Our remaining sponsors added great depth to our prize pool, and we greatly appreciate everyone who donated for their generosity.

With discussions already taking place in order to make next year even bigger and better, the BCWPC Versatility Ranch Points Day has become a must-do to those in the Queensland ranch and cowhorse disciplines.

Thank you to our generous event sponsors



ACHIEVING OPTIMAL RIDER POSITION AND MAINTAINING RIDING FITNESS: A PHYSIOTHERAPIST'S PERSPECTIVE

By Sarah Seagrave, Physiotherapist Dpt WHP

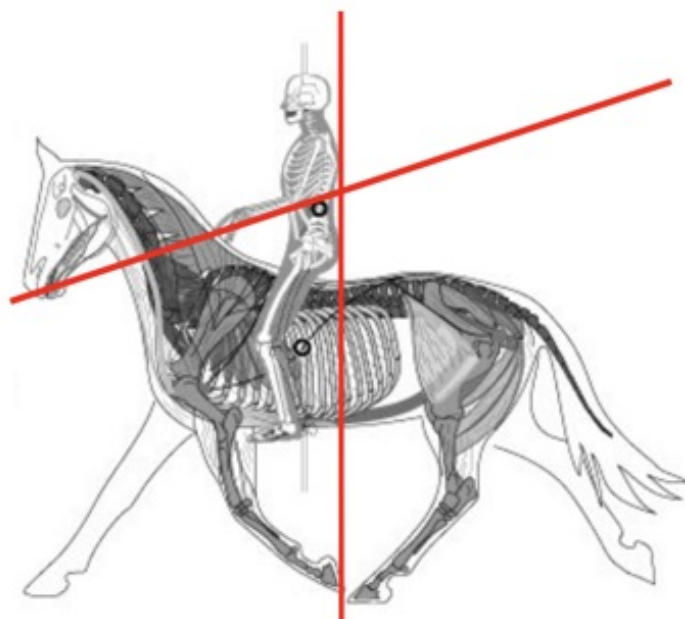
Introduction

Equestrian sports are a unique domain where two distinct sets of biomechanics must work harmoniously to achieve optimal performance. As riders, we must prioritize posture, fitness, and strength to effectively communicate with our equine partners. These communication aids enable us to train our horses to reach their full potential within the cutting saddle. In this article, we'll explore research-based exercises and insights from a physiotherapist's perspective to help riders enhance their performance within the cutting saddle.

The Importance of Rider Position

Achieving an ideal rider position is contingent upon coordination, abdominal strength, balance, and synchronization with the horse's movement. The ultimate goal is to maintain harmony with the horse's gait to make our aids nearly invisible.

First Line: Alignment from heels through hips to shoulders, ear to ear indicates an upright position above the pelvis and sacrum. The pelvis plays a pivotal role in achieving a supple seat by influencing the hip joint and lumbar spine. Flexibility in this area is essential to connect with the horse's rhythm and execute precise balancing movements, crucial for optimal cutting saddle performance.



The aligned classical seat showing two of the three desired straight lines from a lateral view along with the horse's and rider's centre of mass. Source: adapted from Nicholson, 2006

Second Line: The elbow to wrist alignment ensures soft and elastic contact, creating an invisible connection. The upper body should remain upright and relaxed in the middle of the saddle, with the spine in a neutral position. Avoiding a rounded or hollow back is crucial, as it can stiffen the seat and disrupt communication with the horse.

Third Line: The rider's pelvis should sit vertically over the horse's spine to establish an optimal center of gravity. Abdominal stability is vital, as muscular imbalances in the core region can lead to compensatory patterns and hypertrophy/atrophy issues in the horse's lumbar-sacral region.

How to Improve Riding

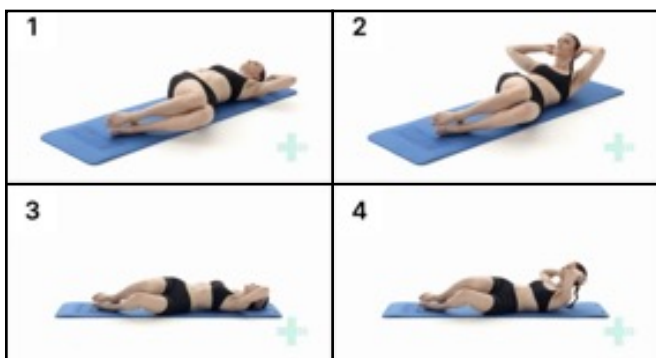
To enhance our riding, we must prioritize maintaining strength, balance, and fitness while addressing any muscle length tension imbalances. These imbalances can adversely affect the key lines mentioned earlier, leading to issues in training and horse performance.

Core Strengthening: Involves control over the trunk and positioning above our lower limbs. Develops lumbo-pelvic stability, crucial for controlling the lumbar spine and pelvis motion.

- Crunch: 3 sets of 10 reps

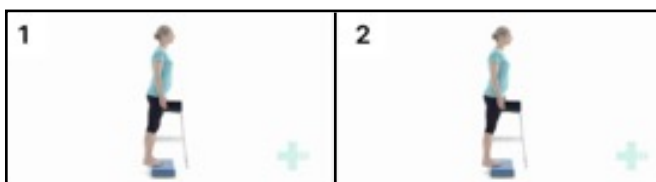


- Oblique crunch: 3 sets of 10 reps

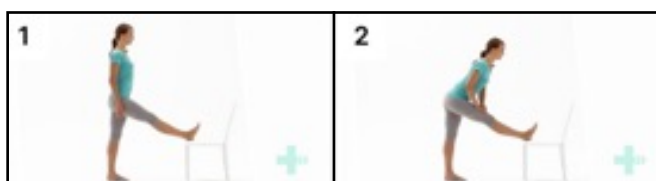


Flexibility Training: Improves joint range of motion, ensuring pain-free movement.

- Calf Stretching off a box: 5 sets of 30 sec to 1 min



- Hamstring Stretching: 3 sets of 30 sec to 1 min per leg



- Child Pose: 5 sets of 30 sec to 1 min

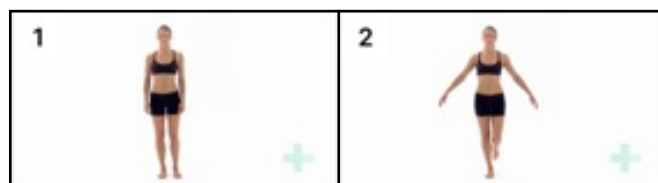


- Glute Stretching: 3 sets of 30 sec to 1 min per leg

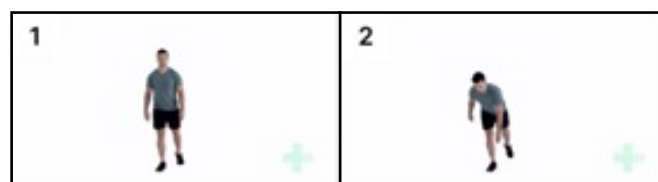


Balance Exercises: Enhance the ability to maintain the line of gravity within our base of support.

- Single leg Balance: 5 sets of 30 sec to 1 min



- Balance and Reach: 3 sets of 10 reps for each leg



Cardiovascular Conditioning: Boosts riding stamina and prevents fatigue.

- Step Ups: 5 sets of 1 min with 20 sec rest, repeat 5 times

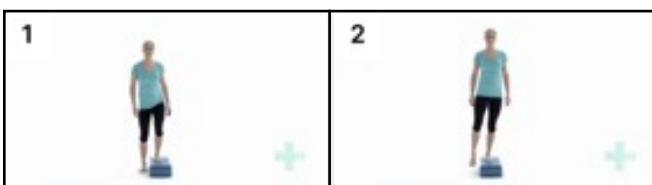


Strength Training: Increases muscle, tendon, ligament, and bone strength, improving joint and cardiac function. This is imperative for our riding position.

- Squats: 3 sets of 10-15 reps



- Lateral Step up: 3 sets of 8-10 reps for each leg

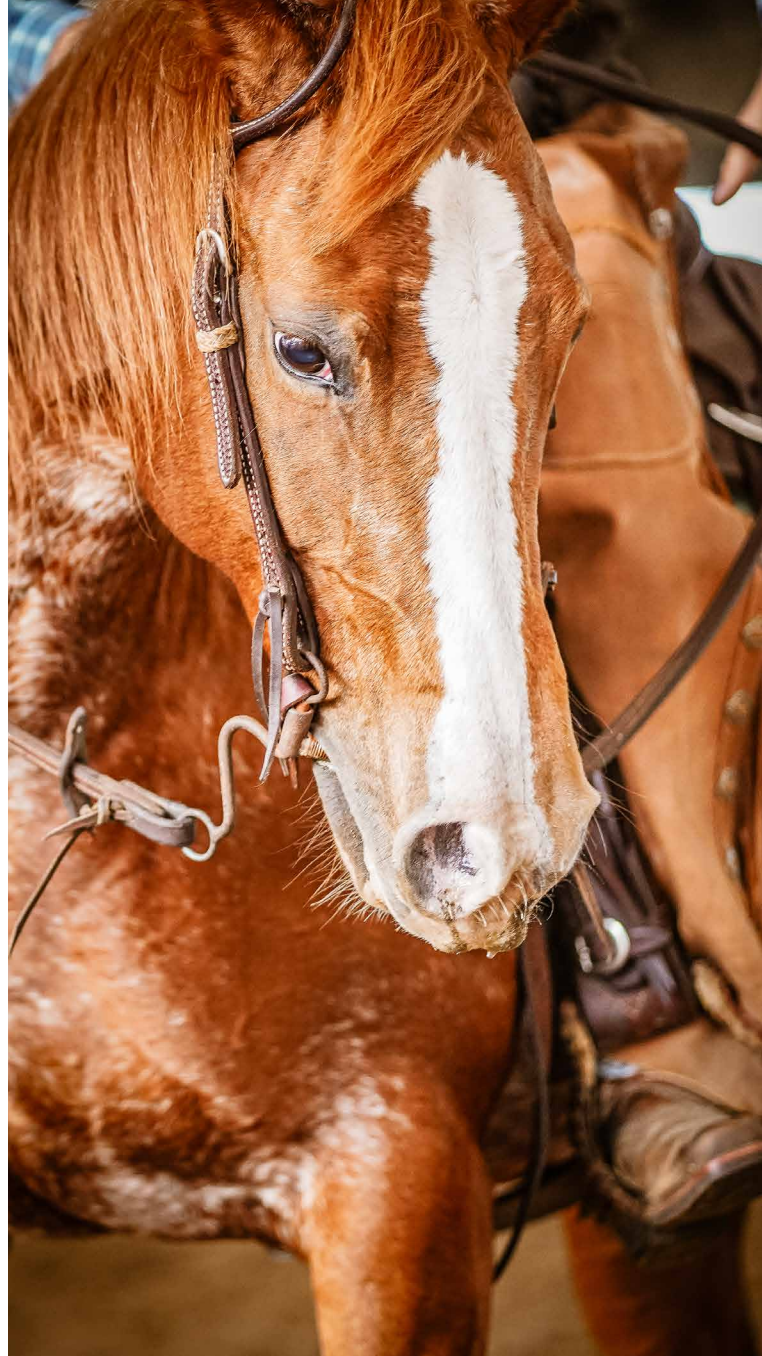


- Glute Bridging: 3 sets of 10 reps



Understanding the significance of rider position and maintaining riding fitness is crucial for a fulfilling and safe equestrian experience. By prioritizing proper alignment, relaxation, and fitness exercises, riders can enhance their communication with horses, reduce the risk of injuries, and continue to enjoy the art of cutting in the saddle for years to come. A strong and balanced rider is a harmonious partner for a responsive and willing horse.

Happy riding!



*“Bodies
in motion
stay
in motion”*



CELEBRATING THE LEGACY OF DAVID HOGG “HOGGY”: KAYLA GILL’S DEDICATION TO THE CUTTING CLUB

By Nicole Hintz & Kayla Gill

“In the world of equestrian sports, few individuals leave a legacy as profound as David Hogg, affectionately known as “Hoggy.” His contributions to the cutting horse industry and his dedication to the Western Cutting Horse & Western Performance Club have left an indelible mark. Today, we celebrate not only the remarkable life of Hoggy but also his granddaughter, Kayla Gill, who continues to honor his memory through her involvement within the club.

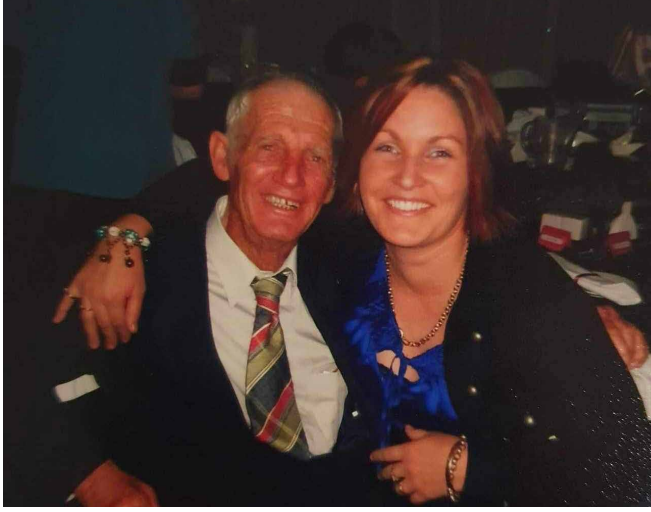


A Family Tradition Continues

Kayla Gill's journey within the cutting club began two years ago when she was invited to join the committee by Troy, the club's president. It was an opportunity she embraced wholeheartedly. Her motivation for joining the club was deeply personal, rooted in her affection and admiration for her late grandfather, David Hogg. Hoggy was more than just a family member; he was a mentor, a friend, a source of inspiration and support.

The Legacy of Hoggy

Hoggy, was an iconic figure in the world of cutting horse sports. His passion for these magnificent animals was unwavering, and he dedicated his life to their training and performance. This dedication was highlighted when inducted into the National Cutting Horse Association of Australia Inc Hall of Fame on June 7, 1998, an honor that reflected his outstanding contributions to the sport.



Hoggy's involvement in the Western Cutting Horse & Western Performance Club dates back to its early days, in the 1970s when it was established in Tamborine. He played a pivotal role in shaping the club's history, and his influence continues to reverberate through the years. His legacy remains alive in the hearts of those who knew him and through the stories shared by Kayla.

A Special Connection with Horses

One of the most remarkable aspects of Hoggy's life was his ownership of the Kelson Quarter Horse Stud in Biddaddaba, a testament to his deep love for horses. The stud was named after his late son, Kelly, who was tragically taken too soon. Among all the horses he owned and trained, his beloved Stallion, "Kooluna Poco Dandy Doc" was Hoggy's triumph and best mate. Hoggy also had a special connection with many great horses such as Kooluna Poco Dandy Doc, Doc Town Crier, Docs Honeymoon and Maxi Doc who all carried Hoggy to countless victories, demonstrating his exceptional talent as both a trainer and rider.

For Kayla, her earliest memories of horseback riding are intertwined with her grandfather's presence. She enjoyed her first club day on Docs Honeymoon, known as Honey held at her grandfather's property when she was just 9 years old, forming cherished memories that continue to shape her passion for horses and the iconic cow horse sport.

A Remarkable Horse Trainer

When asked to describe her grandfather as a horse trainer, Kayla's eyes light up with admiration. "He was simply a freak," she says with a smile. "You could hand him a difficult horse, and within a week, it would be a different horse altogether. Hoggy possessed a unique ability to connect with these majestic animals, instilling discipline while maintaining a calm and firm demeanor. He was known for his respect for other trainers and their methods, never passing judgment or criticism. Among Hoggy's circle of friends were some notable

names in the cutting horse industry, such as Ian Francis, Selwyn Williams and Terry and Sean O'Hanlan. These relationships spoke volumes about the kind of person he was – someone respected not only for his horsemanship but also for his character... and contagious laugh.

A Fondly Remembered Friend

Sean O' Hanlon reflects, "David was a very complete Horseman; he loved his horses and loved passing his knowledge on to others." David Hogg was a feisty and colorful character with a terrific sense of humor. He enjoyed good company and entertaining people through his stories. Hoggy was a loyal friend who loved his family and spoke highly of them often. He was a kind man to his horses and friends alike. Terry O'Hanlon adds, "Hoggy was a great Horseman and a great bloke. We were very close friends that enjoyed our times together for over 40 years."



Preserving a Legacy

As Kayla Gill dedicates her time and energy to the Western Cutting Horse & Western Performance Club, she does so with a profound sense of purpose. Her involvement is more than just a nod to tradition; it's a continuation of a legacy. She strives to ensure that the club's history and the extraordinary individuals who shaped it, like her beloved grandfather Hoggy, are remembered and celebrated.

In a world that often moves at a dizzying pace, it is heartening to see Kayla's commitment to preserving the past and honoring those who came before her those that shaped this club. Hoggy lives on not only in the annals of the cutting horse industry but also in the dedication of his granddaughter, Kayla, ensuring that his legacy endures for generations to come.

STEVE THAKE: A JOURNEY THROUGH VERSATILITY RANCH & WESTERN RIDING

BY NICOLE HINTZ
& STEVE THAKE



Steve Thake, a name synonymous with the world of Western riding and Versatility Ranch competitions in Australia, has carved a remarkable journey through the equestrian world. In this edition of our newsletter, we have the privilege of delving into Steve's horse-filled past, his long-standing association with The Beaudesert Cutting and Western Performance Club, and his insights into the growing popularity of Versatility Ranch in Australia.

A Childhood Bond with Horses

Steve's love affair with horses began at the tender age of seven when he roamed the scenic landscapes of Port Morsby, Papua New Guinea. Surrounded by friends who shared his passion for these majestic animals, he took his very first steps into the world of equine adventures.

A Diverse Range of Experiences

Steve's equestrian journey is a testament to his versatility as a rider. He started with Pony Club, gradually making his way through various disciplines such as show jumping, dressage, three-day eventing, hacking, and camp drafting. At the age of sixteen, a friend entrusted him with the task of riding a Palouse pony with a Western performance background, marking the initiation of his Western riding odyssey.

The Beaudesert Cutting and Western Performance Club

In 1983, Steve became a proud member of The Beaudesert Cutting and Western Performance Club. His primary motivation for joining was a desire to immerse himself in the world of cutting, and at that time, the club also organized cow horse events. Little

did he know that this decision would set the stage for his deep involvement in the Western riding community.

Mentors and Learning

While Steve didn't have a single mentor per se, he drew inspiration and knowledge from renowned trainers like Jack Barnard and Al Dunning through their books. These invaluable resources played a pivotal role in shaping his understanding of Western riding techniques and principles.

The Introduction to Versatility Ranch

In 2016, at the Paint Horse Nationals, Steve's life took an exciting turn when he had the privilege of riding Sioux City Bandit for owner Sonja in a Ranch class. Their remarkable partnership led to numerous victories, including coveted buckles, and marked the beginning of his journey into the world of Versatility Ranch.

Becoming a Ranch Judge

Steve's dedication to Western riding led him to become an AQHA judge in 2009. When Versatility Ranch gained popularity, AQHA offered Ranch Judge seminars. In November 2018, he joined the Australian Rein Cow Horse Association (ARCHA) and passed the NRCHA judges' exam in Tamworth. This qualification expanded his knowledge and understanding of the rules governing Ranch competitions.

The Growth of Versatility Ranch in Australia

Over the years, Steve has witnessed the growing inclusion of Versatility Ranch in AQHA show programs. This rising popularity is a testament to the appeal and excitement of Ranch events among Australian equestrians.

Improvements in Versatility Ranch Riders and Horses

Steve is pleased to note the improving quality of Versatility Ranch riders and horses in Australia. Competitors are gradually grasping the intricacies of the required maneuvers and

gaits, resulting in a higher level of competition and a better overall understanding of the discipline.

Judging Criteria and Feedback

As a Ranch Judge, Steve emphasizes the importance of good movement, relaxed transitions, and softness in judging criteria. He often observes that competitors could benefit from focusing on transitions and collection when participating in Ranch events.

The Future of Versatility Ranch in Australia

Steve is optimistic about the future of Versatility Ranch in Australia. With more clubs looking to include events like Boxing and other cow-related activities, he believes that this exciting discipline will continue to attract new competitors and thrive in the Australian equestrian scene.

Steve Thake's journey through the world of Western riding and Versatility Ranch is a testament to his unwavering passion for horses and his commitment to fostering the growth of these disciplines in Australia. His experience and insights continue to inspire and guide the equestrian community, making him a cherished figure in the world of Ranch competitions.

We look forward to witnessing the continued growth and success of Versatility Ranch under his knowledgeable guidance.



BCWPC FAMILY FIGHTS TOGETHER!



ANNUAL PINK DAY CUTTING POINTS DAY & RANCH TRIAL COMPETITION

8AM-4PM // 15 OCT 23

NOVELTY
EVENTS

RAFFLES
& PRIZES

TEMP PINK
RIBBON
TATTOOS

Cutting Class

1. Novice
2. Rookies
3. Open
4. Youth Junior
5. Youth Senior
6. Snafflebit
7. Beginner Horse
8. Beginner Rider

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Lonesome Dove

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3. Ranch Trail Improver
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